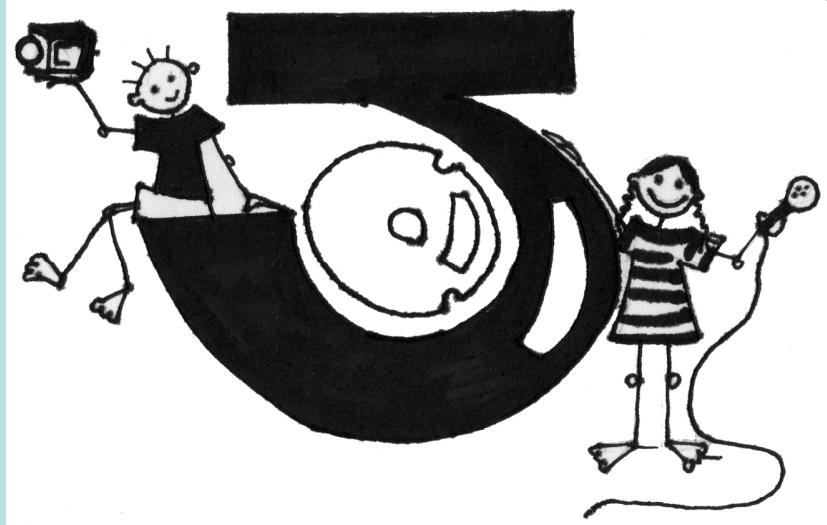


**¡Adelante Jóvenes!**



**Onwards Youth!**

**Empowering young women in Honduras  
through Participatory Video.**

# Outline

- Participatory Video.
- Research context.
- Research questions and research method.
- The process of making the film.
- Main findings.
- Conclusion.

# What is Participatory Video?

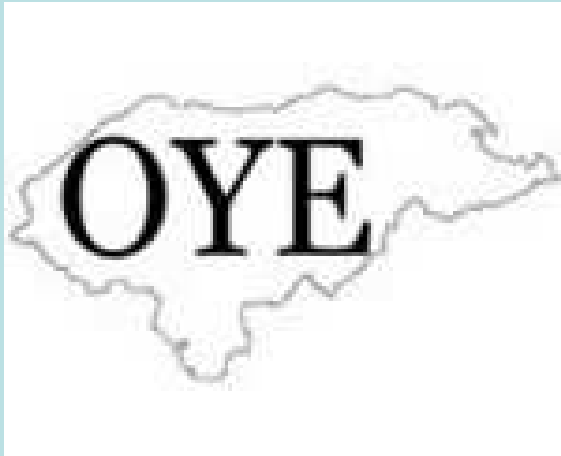


- Voice rather than a message.
- Research, Therapy, Advocacy (Horizontal and vertical communication)
- The process is as important as the product.
- Process should aim to be inclusive, democratic, promote equality
- The interventionist becomes a facilitator.

# Benefits of participatory video

- Develop a critical consciousness of surroundings and place within them
- Learn new technical skills
- Develop creativity and artistic skills, communication skills and team work skills.
- Challenge power dynamics.
- Have fun (attracts young people)
- Develop a sense of self-esteem, pride, confidence and spirit in presenting themselves to the outside world for the individual and the community.
- Derive an end product which is lasting and can be viewed and shared in the future.

# The Research Context



## **Mission**

‘Give orphaned and impoverished abandoned youth, especially girls, the tools to bring them out of poverty and to lead fulfilling, self-sufficient lives’



## **The participants**

7 females aged between 13 and 29

## Research Questions

- Can PV empower participants and in what way?
- To what level is the process participatory?
- What role does the facilitator play?

## Research Method

- Participant observations and field diary.
- Semi structured interviews.

# Participation and making the film



# My Role as Facilitator





## Extracts from Group Pact

- Have good communication
- Learn from one another
- Learn from errors
- Respect one another
  - Take decisions democratically
- To work well in a group
- Learn to listen



# Empowerment

- Engaging with external resources.
- Development of critical consciousness and community awareness
- Group cohesion.
- Creativity.
- Shaking off fear
- Sense of efficacy



“I learnt that we all have ability, no one knows more than another. We are all able.

Yes we learnt that we are poor, right, but, we can develop our ideas, we are rich in our minds we have the power to do things and to advice other people. We can help other people. Not economically but by supporting their ideas, advising them. This is a richness we have ”

**(L end interview, 4th July 2006)**



**BUPA**  
feel better

